


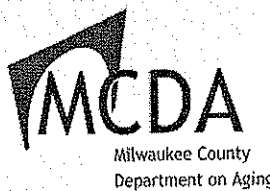
Milwaukee County Senior Meal Program

Franklin
427-7696

**Congregate Lunch Menus
November-07**



LTC: Let's Take Care

Monday	Tuesday	Wednesday	Thursday	Friday
			11/1/2007	11/2/2007
 Suggested Donation \$2 per Meal Your Support Is Needed. Thank You!			Shredded BBQ Pork with Hoagie Roll Potato Chunks Whole Kernel Corn Chocolate Frosted Cake D. Pound Cake	Chilled Apple Juice Creamy Crab Salad Pickle Spear Italian Vegetable Pasta Salad Sesame Seed Roll Rice Krispy Bar D. Chilled Fruit Cocktail
11/5/2007	11/6/2007	11/7/2007	11/8/2007	11/9/2007
Pineapple Orange Juice Beef Burgundy with Wide Egg Noodles California Blend Vegetables Whole Wheat Bread Cheery Cherry Jello w/Fruit D. Chilled Cherries	Braised Pork Chop Lite Gravy Baked Potato with Sour Cream Green Bean Almondine Split Top Dinner Roll Yellow Cupcake with Vanilla Frosting D. Angel Food Cake	Honey Baked Ham Twice Baked Potato Casserole Creamed Asparagus Light Rye Bread Chilled Pineapple Rings	Chilled Cranberry Juice Boneless Chicken Breast with Supreme Sauce Savory Dressing Garden Blend Vegetables Seven Grain Bread Chocolate-Chocolate Chip Cookie D. Fresh Banana	Italian Sausage in Red Sauce B. Herb Baked Fish with Lobster Sauce Tartar Sauce Cheesy Potato Slices Seasoned Broccoli Potato Roll Fresh Orange
11/12/2007	11/13/2007	11/14/2007	11/15/2007	11/16/2007
Chilled Cranberry Juice Polynesian Meatballs Fluffy White Rice Sweet Peas Multi-Grain Bread Chilled Peaches	Country Chicken Stew Chunky Potatoes Tossed Salad with Ranch Dressing Biscuit Delightful Strawberry Ice Cream Sundae D. Red Delicious Apple	Pork Roast with Lite Gravy Roasted Potatoes Carrot Coins Onion Roll Oatmeal Raisin Cookie D. Lorna Doone Cookie	Oven Fried Chicken Leg/Thigh B. Oven Fried Chicken Breast/Wing Garlic Mashed Potatoes with Gravy Mixed Romaine Salad with Blue Cheese Dressing Whole Wheat Bread Fresh Banana	Beef Short Ribs with Brown Gravy Twice Baked Potato Casserole Creamed Spinach w/ Sautéed Onions Seven Grain Bread Mexican Wedding Cake D. Angel Food Cake
11/19/2007	11/20/2007	11/21/2007	11/22/2007	11/23/2007
Chilled Cranberry Juice Garlic Herb-Chicken Leg/Thigh with Country Gravy B. Garlic Herb Chicken Breast/Wing with Country Gravy Aromatic Sage Stuffing Brussel Sprouts Baking Powder Biscuit Chilled Pineapple	Hamburger Steak with Onions and Lite Gravy B. Braised Liver with Onions and Lite Gravy Whipped Potatoes Sweet Baby Peas Dark Rye Bread Chilled Fruit Cocktail	Country Style Pork Loin Ribs with BBQ Sauce Baked Potato with Sour Cream Corn and Zucchini Medley Whole Grain Bread Chocolate Chip Cookie D. Lorna Doone Cookie	HAPPY THANKSGIVING ***** ALL SITES ARE CLOSED	 Chilled Pineapple Juice Chicken Salad on a Kaiser Roll Crisp Pickle Spear Macaroni Salad Cottage Cheese w/ Peaches Birthday/Anniversary Vanilla Frosted Marble Cake D. Angel Food Cake
11/26/2007	11/27/2007	11/28/2007	11/29/2007	11/30/2007
Swedish Meatballs Wide Egg Noodles Cauliflower and Broccoli Mix Potato Bread Spice Cake with Vanilla Frosting D. Angel Food Cake	Chicago Style Beef Hot Dog on a Poppy Seed Bun Onions and Relish Ketchup & Mustard Packets Baked Beans Grandma's Potato Salad Chilled Apricots	Baked Chicken Thigh/Leg with Santa Fe Sauce B. Baked Chicken Breast/Wing with Santa Fe Sauce Tossed Salad w/ French Dressing Parslief New Potatoes Corn Bread Apple Pie D. Cinnamon Applesauce	Juicy Meatloaf with Lite Mushroom Gravy Whipped Potatoes Cauliflower Au Gratin Seven Grain Bread Pistachio Fruit Fluff D. Fruit Cocktail	Herb Baked Fish B. Ring Bologna Boiled Red Potatoes Creamy Coleslaw Light Rye Bread Tartar Sauce Ketchup & Mustard Packets Chilled Peaches